

Non-Conventional Ergodic Averages And Nilmanifolds

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Theorem (Szemerédi). *If a set $E \subset \mathbb{Z}$ has positive upper density, then it contains arbitrarily long arithmetic progressions.*

Theorem (Furstenberg).

Let (X, \mathcal{X}, μ, T) be a (p.m.p.t.) system, and $A \in \mathcal{X}$ with $\mu(A) > 0$.

Then for any $k \geq 1$ the \liminf when $N \rightarrow \infty$ of

$$\frac{1}{N} \sum_{n=0}^{N-1} \mu\left(A \cap T^{-n}A \cap T^{-2n}A \cap \dots \cap T^{-kn}A\right)$$

is positive.

Question. *Is the \liminf actually a \lim ?*

Question. *Convergence in $L^2(\mu)$ of*

$$\frac{1}{N} \sum_{n=0}^{N-1} T^n f_1 \cdot T^{2n} f_2 \cdot \dots \cdot T^{kn} f_k . \quad (\text{AP})$$

THE RESULTS

History of the problem of convergence of (AP):

$k = 1$: Ergodic Theorem.

$k = 2$: Furstenberg.

k arbitrary, weak mixing system : Furstenberg.

$k = 3$: Conze & Lesigne (assuming total ergodicity; H&K in general)

Theorem 1. *Let (X, \mathcal{X}, μ, T) be a system, $k \geq 1$ be an integer and let f_j , $1 \leq j \leq k$, be k bounded measurable functions on X . Then the averages*

$$\frac{1}{N} \sum_{n=0}^{N-1} T^n f_1 \cdot T^{2n} f_2 \cdot \dots \cdot T^{kn} f_k \quad (\text{AP})$$

converge in $L^2(\mu)$ when $N \rightarrow +\infty$.

Open problem: Is a similar result valid for commuting transformations T_1, T_2, \dots, T_k substituted for T, T^2, \dots, T^k ?

Polynomial averages

Furstenberg's Theorem was generalized to polynomial averages by Bergelson and Leibman. It is natural to ask for similar generalizations of Theorem 1.

Furstenberg and Weiss : Convergence of

$$\frac{1}{N} \sum_{n=0}^{N-1} T^{n^2} f_1 \cdot T^n f_2 \text{ and}$$
$$\frac{1}{N} \sum_{n=0}^{N-1} T^{n^2} f_1 \cdot T^{n^2+n} f_2 .$$

Theorem 2. *Let (X, \mathcal{X}, μ, T) be a system, $k \geq 1$ and $f_1, f_2, \dots, f_k \in L^\infty(\mu)$. Then for any integer polynomials $p_1(\cdot), p_2(\cdot), \dots, p_k(\cdot)$ the averages*

$$\frac{1}{N} \sum_{n=0}^{N-1} T^{p_1(n)} f_1 \cdot T^{p_2(n)} f_2 \cdot \dots \cdot T^{p_k(n)} f_k$$

converge in $L^2(\mu)$.

CHARACTERISTIC FACTORS

In the sequel, (X, \mathcal{X}, μ, T) is an ergodic system.

We use the word 'factor' with two different but equivalent meanings:

- A *factor* of X is a T -invariant sub- σ -algebra of \mathcal{X} .
- Let (Y, \mathcal{Y}, ν, S) be a system.
A map $\pi : X \rightarrow Y$ is a *factor map* if $\pi^* \mu = \nu$ and $S \circ \pi = \pi \circ T$.
In this case we also say that Y is a factor of X .

These definitions coincide up to the identification of \mathcal{Y} with $\pi^{-1}(\mathcal{Y})$.

Let Y be a factor of X .

We say that Y is a *characteristic factor* for the convergence of the averages

$$\frac{1}{N} \sum_{n=0}^{N-1} T^n f_1 \cdot T^{2n} f_2 \cdot \dots \cdot T^{kn} f_k \quad (\text{AP})$$

if the difference between these averages and the same averages with $\mathbb{E}(f_1 | \mathcal{Y})$ substituted for $f_1, \dots, \mathbb{E}(f_k | \mathcal{Y})$ substituted for f_k :

$$\frac{1}{N} \sum_{n=0}^{N-1} T^n \mathbb{E}(f_1 | \mathcal{Y}) \cdot \dots \cdot T^{kn} \mathbb{E}(f_k | \mathcal{Y})$$

converge to 0 in $L^2(\mu)$.

This means that the averages (AP) converge to 0 whenever $\mathbb{E}(f_i | \mathcal{Y}) = 0$ for at least one i .

THE STRATEGY

1. Find a characteristic factor for the convergence of the averages (AP).
2. Give a 'good' description of this factor. This means, identify it with a system with a known 'geometric' or 'algebraic' structure.
3. Show convergence for this factor.

BUILDING CHARACTERISTIC FACTORS

A standard method for finding characteristic factors consists in using Van der Corput's Lemma several times.

Van der Corput's Lemma.

Let H be a Hilbert space and ξ_n , $n \geq 0$, in H with $\|\xi_n\| \leq 1$ for every n . For $h \geq 0$ define:

$$\gamma_h := \limsup_N \left| \frac{1}{N} \sum_{n=0}^{N-1} \langle \xi_{n+h}, \xi_n \rangle \right|.$$

Then

$$\limsup_N \left\| \frac{1}{N} \sum_{n=0}^{N-1} \xi_n \right\|^2 \leq \limsup_H \frac{1}{H} \sum_{h=0}^{H-1} \gamma_h.$$

First idea:

We 'forget' the original convergence problem and build a factor by a procedure that mimics successive uses of VdC's Lemma.

This factor will be 'automatically' characteristic.

Some seminorms

We build a sequence of seminorms on $L^\infty(\mu)$ such that for every $f \in L^\infty(\mu)$:

1. $\|f\|_1 = \left| \int f d\mu \right|.$

2. For every $k \geq 1$,

$$\|f\|_{k+1}^{2^{k+1}} = \lim_{H \rightarrow +\infty} \frac{1}{H} \sum_{h=0}^{H-1} \|f \cdot T^h f\|_k^{2^{k+1}}.$$

Furthermore:

- $\|f\|_1 \leq \|f\|_2 \leq \dots \leq \|f\|_k \leq \dots \leq \|f\|_\infty.$
- If X is weakly mixing then $\|f\|_k = \|f\|_1$ for every k .

Some factors

By using these seminorms we build factors $Z_k(X) = Z_k$, $k \geq 0$, of X with:

- For $f \in L^\infty(\mu)$, we have $\mathbb{E}(f \mid \mathcal{Z}_k) = 0$ if and only if $\|f\|_{k+1} = 0$.

Furthermore:

- $Z_0(X)$ is the trivial factor of X .
- The sequence of factors is increasing:
$$Z_0 \leftarrow Z_1 \leftarrow \cdots \leftarrow Z_k \leftarrow Z_{k+1} \leftarrow \cdots \leftarrow X .$$
- If X is weakly mixing then $Z_k(X)$ is the trivial factor for every k .

These factors are characteristic

Lemma. *If $\|f_1\|_\infty, \dots, \|f_k\|_\infty$ are ≤ 1 , then for $\ell = 1, \dots, k$ we have*

$$\limsup_N \left\| \frac{1}{N} \sum_{n=0}^{N-1} T^n f_1 \cdot T^{2n} f_2 \cdots T^{kn} f_k \right\|_2 \leq \ell \|f_\ell\|_k .$$

Corollary. *The factor Z_{k-1} is characteristic for the convergence of the averages*

$$\frac{1}{N} \sum_{n=0}^{N-1} T^n f_1 \cdot T^{2n} f_2 \cdots T^{kn} f_k \quad (\text{AP})$$

Proof. By induction. We assume it is true for k . Define $\xi_n = T^n f_1 \cdot T^{2n} f_2 \cdots T^{(k+1)n} f_{k+1}$. We assume that $\ell > 1$ (the case $\ell = 1$ is similar). We have

$$\begin{aligned} & \left| \frac{1}{N} \sum_{n=0}^{N-1} \langle \xi_{n+h}, \xi_n \rangle \right| = \\ & \left| \int (f_1 \cdot T^h f_1) \frac{1}{N} \sum_{n=0}^{N-1} \prod_{j=2}^{k+1} T^{(j-1)n} (f_j \cdot T^{jh} f_j) d\mu \right| \\ & \leq \left\| \frac{1}{N} \sum_{n=0}^{N-1} \prod_{j=2}^{k+1} T^{(j-1)n} (f_j \cdot T^{jh} f_j) \right\|_2 \end{aligned}$$

Induction hypothesis: $\gamma_h \leq \ell \left\| f_\ell \cdot T^{\ell h} f_\ell \right\|_k$.

$$\frac{1}{H} \sum_{h=0}^{H-1} \gamma_h \leq \ell \frac{\ell}{\ell H} \sum_{n=0}^{\ell H-1} \left\| f_\ell \cdot T^n f_\ell \right\|_k$$

and we conclude by using VdC and the definition of the seminorm $\left\| \cdot \right\|_{k+1}$. \square

Building measures

By induction, we build a measure $\mu^{[k]}$ on $X^{[k]} := X^{2^k}$, invariant under $T^{[k]} := T \times \cdots \times T$ (2^k times).

- $\mu^{[0]} := \mu$.
- Let $\mathcal{I}^{[k]}$ be the invariant σ -algebra of $(X^{[k]}, \mu^{[k]}, T^{[k]})$.
Then $\mu^{[k+1]}$ is the relatively independent square of $\mu^{[k]}$ over $\mathcal{I}^{[k]}$.

Explanation:

We identify $X^{[k+1]}$ with $X^{[k]} \times X^{[k]}$ and write

$$\mathbf{x} = (\mathbf{x}', \mathbf{x}'')$$

for a point of $X^{[k+1]}$, with $\mathbf{x}', \mathbf{x}'' \in X^{[k]}$.

When F, G are bounded functions on $X^{[k]}$,

$$\begin{aligned} \int_{X^{[k+1]}} F(\mathbf{x}') G(\mathbf{x}'') d\mu^{[k+1]}(\mathbf{x}) \\ := \int_{X^{[k]}} \mathbb{E}(F \mid \mathcal{I}^{[k]}) \mathbb{E}(G \mid \mathcal{I}^{[k]}) d\mu^{[k]} \end{aligned}$$

The points of $X^{[k]}$ are written

$$\mathbf{x} = (x_\epsilon : \epsilon \in \{0, 1\}^k)$$

Lemma. For $f \in L^\infty(\mu)$,

$$\|f\|_k^{2^k} = \int_{X^{[k]}} \prod_{\epsilon \in \{0, 1\}^k} f(x_\epsilon) d\mu^{[k]}(\mathbf{x}) .$$

Corollary. $\|\cdot\|_k$ is a seminorm.

By ergodicity:

$$\mathcal{I}^{[0]} \text{ is trivial, } \mu^{[1]} = \mu \times \mu \text{ and } \|f\|_1 = \left| \int f f d\mu \right| .$$

The Kronecker factor

Let (Z, m, S) be the Kronecker factor of X :
It is the factor of X spanned by the eigenfunctions.

Z is a compact abelian group.

m is the Haar measure of Z .

The transformation $S : Z \rightarrow Z$ is a *rotation*:

$Sz = \alpha z$ for some fixed element α of Z .

$\{\alpha^n : n \in \mathbb{Z}\}$ is dense in Z .

For $f \in L^\infty(\mu)$ we write $\tilde{f} = \mathbb{E}(f \mid Z)$.

The ergodic decomposition of $\mu \times \mu$ for $T \times T$ is

$$\mu \times \mu = \int_Z \mu_s dm(s)$$

where

$$\int_{X \times X} f(x)g(y) d\mu_s(x, y) := \int_Z \tilde{f}(z)\tilde{g}(sz) dm(z) .$$

Computation of $\mu^{[2]}$, $\| \cdot \|_2$ and Z_1

We have $\mu^{[2]} = \int_Z \mu_s \times \mu_s dm(s)$.

$$\begin{aligned} \|f\|_2^4 &:= \int f \otimes f \otimes f \otimes f d\mu^{[2]} \\ &= \int_{Z^3} \tilde{f}(z) \tilde{f}(sz) \tilde{f}(tz) \tilde{f}(stz) dm(z) dm(s) dm(t) \end{aligned}$$

Corollary. $\|f\|_2$ is the ℓ^4 -norm of the Fourier Transform of \tilde{f} .

$\| \cdot \|_2$ is a seminorm.

The factor Z_1 is the Kronecker factor.

A useful Lemma

Let

$$\mu^{[k]} = \int_{\Omega_k} \mu_{\omega}^{[k]} dP_k(\omega)$$

be the ergodic decomposition of $\mu^{[k]}$ for $T^{[k]}$. We can carry out the same construction with $(X^{[k]}, \mu_{\omega}^{[k]}, T^{[k]})$ substituted for (X, μ, T) .

Lemma. For any $\ell > 0$,

$$\mu^{[k+\ell]} = \int_{\Omega_k} \left(\mu_{\omega}^{[k]} \right)^{[\ell]} dP_k(\omega) .$$

Proof. For $\ell = 1$ this is the definition of $\mu^{[k+1]}$.

Then by induction. □

For $k = 1$ we have $\Omega_1 = Z$, $P_1 = m$ and

$$\mu^{[k+1]} = \int_Z \left(\mu_s \right)^{[k]} dm(s) .$$

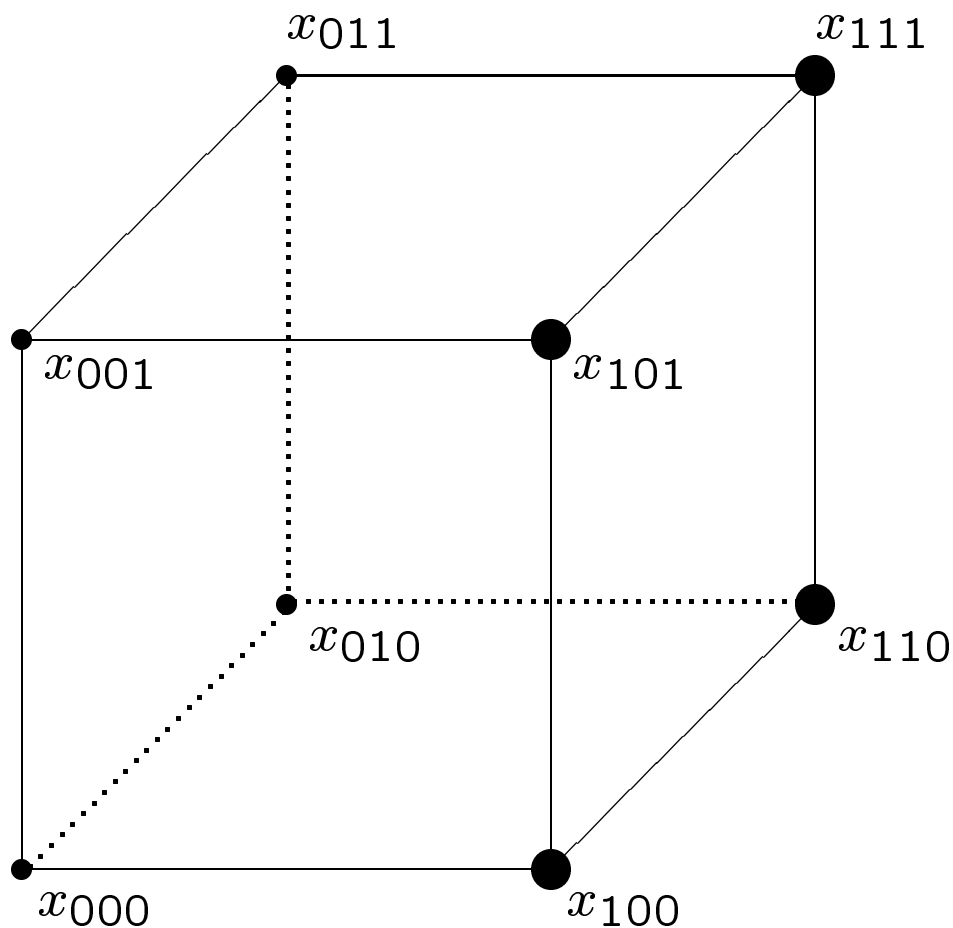
Second idea:

Use a 'geometric' point of view.

We identify $\{0, 1\}^k$ with the set of vertices of the Euclidian cube of dimension k .

We use geometric words like *side*, *edge*, *vertex*... for subsets of $\{0, 1\}^k$

A point x of $X^{[3]}$
and the side $\{100, 101, 110, 111\}$



The *symmetry group of the k -cube* is the group of permutations of $\{0, 1\}^k$ arising from the isometries of \mathbb{R}^k preserving the cube.

Lemma. *The measure $\mu^{[k]}$ is invariant under the symmetry group of the k -cube.*

Let α be a *face* of the cube.

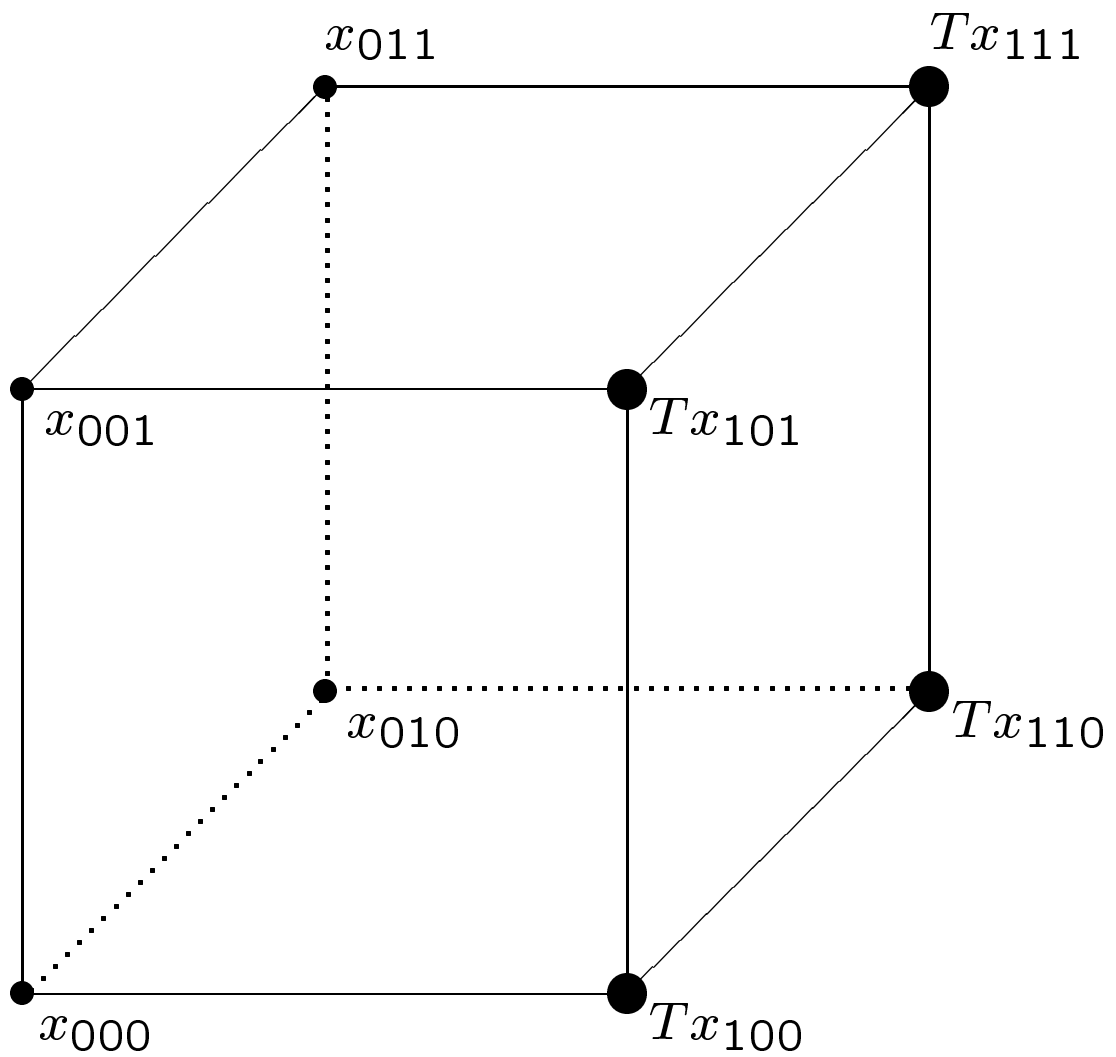
The *side transformation* $T_\alpha^{[k]} : X^{[k]} \rightarrow X^{[k]}$ is given by:

$$(T_\alpha^{[k]} \mathbf{x})_\epsilon = \begin{cases} Tx_\epsilon & \text{if } \epsilon \in \alpha \\ x_\epsilon & \text{if } \epsilon \notin \alpha \end{cases}$$

Lemma. *The measure $\mu^{[k]}$ is invariant under the side transformations.*

It is ergodic under the joint action spanned by these transformations.

The point $T_\alpha^{[3]}x$
for $\alpha = \{100, 101, 110, 111\}$



Building the factors

Let $\mathbf{0} = 00 \dots 0 \in \{0, 1\}^k$. $X^{[k]} = X \times X^{2^k-1}$.
We consider a point $\mathbf{x} \in X^{[k]}$ as a pair:

$$\mathbf{x} = (x_0, \tilde{\mathbf{x}}) \text{ with } x_0 \in X, \tilde{\mathbf{x}} \in X^{2^k-1} .$$

Consider the transformations $T_\alpha^{[k]}$, for all faces α not containing $\mathbf{0}$.

Lemma. *A function on $X^{[k]}$ is invariant under these transformations if and only if it depends on x_0 only.*

Let $B \subset X^{2^k-1}$ be invariant under these transformations. Then there exists $A \subset X$ with

$$\mathbf{1}_A(x_0) = \mathbf{1}_B(\tilde{\mathbf{x}}) \text{ for } \mu^{[k]}\text{-a.e. } \mathbf{x} \in X^{[k]} .$$

Definition.

A subset A of X belongs to \mathcal{Z}_{k-1} if and only if there exists $B \subset X^{2^k-1}$ with

$$\mathbf{1}_A(x_0) = \mathbf{1}_B(\tilde{\mathbf{x}}) \quad \text{for } \mu^{[k]}\text{-a.e. } \mathbf{x} \in X^{[k]} .$$

Lemma. The 2^k -joining $\mu^{[k]}$ of X is relatively independent with respect to its projection on $Z_{k-1}^{[k]}$.

Corollary. For $f \in L^\infty(\mu)$,

$$\|f\|_k = 0 \iff \mathbb{E}(f \mid Z_{k-1}) = 0 .$$

The factors are built!

Review

We want a factor Y so that the average converges to 0 in $L^2(\mu)$ when $\mathbb{E}(f_i | \mathcal{Y}) = 0$ for some i .

We constructed factors

$$Z_0 \leftarrow Z_1 \leftarrow \cdots \leftarrow Z_{k-1} \leftarrow Z_k \leftarrow \cdots \leftarrow X$$

of X that work for arithmetic progressions.

Z_0 is the trivial factor of X .

Z_1 is the Kronecker factor of X .

Definition.

X is a system of level k if $Z_k(X) = X$.

For every X , $Z_k(X)$ is of level k .

Therefore, we only have to describe the systems of level k .

We know:

X is of level 0 $\iff X$ is trivial.

Systems of level 1 are ergodic rotations.

Later we show that systems of level 2 are Conze-Lesigne systems.

Nilpotent groups

For g, h in a group G , write $[g, h]$ for the commutator $g^{-1}h^{-1}gh$ of g and h .

If $A, B \subset G$, write $[A, B]$ for the subgroup of G generated by $\{[a, b] : a \in A, b \in B\}$.

Define

$$G^{(1)} = G \text{ and } G^{j+1} = [G, G^{(j)}] \text{ for } j \geq 1.$$

G is nilpotent of level k if $G^{(k+1)} = \{1\}$.

Definition.

If G is a k -step nilpotent Lie group and Λ is a discrete cocompact subgroup, then the compact space $X = G/\Lambda$ is a k -step nilmanifold.

G acts on G/Λ by left translation

$$T_a(x\Lambda) = (ax)\Lambda .$$

Definition.

There is a unique probability measure μ on X that is invariant under the action of G by left translations, called the Haar measure.

Fix an element $a \in G$.

The system $(G/\Lambda, \mathcal{G}/\Lambda, T_a, \mu)$ is a k -step nilsystem and T_a is a nilrotation.

In Lecture 3, we show:

Theorem. *A system of level k is an inverse limit of k -step nilsystems.*

Theorem. *Assume that G is spanned by the connected component of 0 and a .*

Then the nilsystem G/Λ is ergodic if and only if the action of a on $G/G^{(2)}\Lambda$ is ergodic. In this case, the Kronecker factor of X is $G/G^{(2)}\Lambda$.

Follows from results of Lesigne.

See also Leibman.

Typical example of a non-abelian two-step ergodic nilsystem.

G is the Heisenberg group

$$G = \left\{ \begin{pmatrix} 1 & x_1 & x_2 \\ 0 & 1 & x_3 \\ 0 & 0 & 1 \end{pmatrix} : x_i \in \mathbb{R} \right\}$$

with matrix multiplication.

It is two-step nilpotent.

$$\Lambda = \left\{ \begin{pmatrix} 1 & z_1 & z_2 \\ 0 & 1 & z_3 \\ 0 & 0 & 1 \end{pmatrix} : z_i \in \mathbb{Z} \right\} ; a = \begin{pmatrix} 1 & a_1 & a_2 \\ 0 & 1 & a_3 \\ 0 & 0 & 1 \end{pmatrix}$$

where $a_1, a_3 \in \mathbb{R}$ are rationally independent and $a_2 \in \mathbb{R}$.

G/Λ is compact and T_a is a nilrotation on G/Λ .

We have $G/G^{(2)}\Lambda \simeq \mathbb{T}^2$ and rotation on \mathbb{T}^2 by (a_1, a_3) is ergodic. Previous theorem gives T_a is ergodic and Kronecker is factor induced by functions on x_1, x_3 .

Convergence on nilmanifolds

Theorem. *Let $X = G/\Lambda$ be a nilmanifold with Haar measure μ and let a_1, \dots, a_ℓ be commuting elements of G .*

If the group spanned by the translations a_1, \dots, a_ℓ acts ergodically on (X, μ) , then X is uniquely ergodic for this group.

Parry proved this for one translation. Same proof works for commuting. Proof based on argument of Furstenberg. Also Leibman.

Theorem. *Let $X = G/\Lambda$ be a nilmanifold and $T : X \rightarrow X$ be a nilrotation. Then for any continuous function f on X , the averages*

$$\frac{1}{N} \sum_{n=0}^{N-1} f(T^n x)$$

converge everywhere on X as $N \rightarrow \infty$.

Special case of theorem of Shah.

Lesigne proved this when G is connected.

Leibman proved general case.

Idea: For each $x \in X$, the closed orbit $Y = \overline{\{T^n x : n \in \mathbb{Z}\}}$ is minimal by distality. Give Y the structure of a nilmanifold and use Parry result that a minimal nilmanifold is uniquely ergodic.

Corollary. For any $k \in \mathbb{N}$, $a_1, \dots, a_k \in G$, $x_1, \dots, x_k \in X$ and continuous functions f_1, \dots, f_k ,

$$\lim_{N \rightarrow +\infty} \frac{1}{N} \sum_{n=0}^{N-1} f_1(a_1^n x_1) \dots f_k(a_k^n x_k)$$

exists.

Proof. Apply theorem to the element $a = (a_1, \dots, a_k)$ of the group G^k at the point $x = (x_1, \dots, x_k) \in X^k = G^k / \Lambda^k$ with the continuous function $f_1(x_1) \dots f_k(x_k)$. \square

Corollary. Convergence for arithmetic progressions in $L^2(\mu)$.

Proof. Characteristic factor is an inverse limit of $k - 1$ -step nilsystems. Use previous corollary with $a_i = a^i$ for $i = 1, \dots, k$ to prove this for a nilsystem and by density of continuous functions, have result for the inverse limit. \square

Characteristic factors for polynomials

We consider

$$\lim_{N \rightarrow +\infty} \frac{1}{N} \sum_{n=0}^{N-1} T^{p_1(n)} f_1 \cdot T^{p_2(n)} f_2 \cdot \dots \cdot T^{p_\ell(n)} f_\ell .$$

Same factors work for polynomial averages:

Theorem. *Assume that $\{p_1, \dots, p_\ell\}$ are non-constant integer valued polynomials so that $p_i - p_j$ is not constant for all $i \neq j$.*

There exists an integer $k \geq 0$ so that for any ergodic system (X, \mathcal{X}, μ, T) and functions $f_1, \dots, f_\ell \in L^\infty(\mu)$, $Z_k(X)$ is characteristic for the associated polynomial average.

This means: if $\mathbb{E}(f_m | \mathcal{Z}_k(X)) = 0$, then

$$\sup_M \left\| \frac{1}{N} \sum_{n=M}^{M+N-1} T^{p_1(n)} f_1 \cdot \dots \cdot T^{p_\ell(n)} f_\ell \right\|_{L^2(\mu)} \rightarrow 0$$

as $N \rightarrow +\infty$.

Convergence for polynomials

Theorem (Leibman).

If (X, μ, T) is a nilsystem,

p_1, \dots, p_ℓ are integer valued polynomials

and f_1, \dots, f_ℓ are continuous functions on X ,

then for all sequences $\{M_i\}$ and $\{N_i\}$ with $N_i \rightarrow +\infty$, the averages

$$\frac{1}{N_i} \sum_{n=M_i}^{M_i+N_i-1} f_1(T^{p_1(n)}x) \dots f_\ell(T^{p_\ell(n)}x)$$

converge for every $x \in X$.

Corollary.

Convergence for polynomial averages.

Proof. The characteristic factor for a polynomial average is an inverse limit of k -step nilsystems for some k and Leibman's Theorem gives result for nilsystems. By density, pass to the inverse limit. \square

Averages along cubes

2-dimensional cube:

$$f(x)f(T^m x)f(T^n x)f(T^{m+n} x)$$

Theorem (Bergelson). *Let (X, \mathcal{X}, μ, T) be an invertible measure preserving system.*

Then if $f_1, f_2, f_3 \in L^\infty(\mu)$,

$$\lim_{N \rightarrow +\infty} \frac{1}{N^2} \sum_{n,m=0}^{N-1} f_1(T^n x) f_2(T^m x) f_3(T^{n+m} x)$$

exists in $L^2(\mu)$.

Also same result over interval $[M, N]$, as $N - M \rightarrow +\infty$.

3-dimensional cube:

$$f(x)f(T^m x)f(T^n x)f(T^{m+n} x) \\ f(T^p x)f(T^{m+p} x)f(T^{n+p} x)f(T^{m+n+p} x)$$

Theorem. *Let (X, \mathcal{X}, μ, T) be an invertible measure preserving probability system and let f_j , $1 \leq j \leq 7$, be 7 bounded measurable functions on X . Then the averages*

$$\frac{1}{N^3} \sum_{m,n,p=0}^{N-1} f_1(T^m x)f_2(T^n x)f_3(T^{m+n} x) \\ f_4(T^p x)f_5(T^{m+p} x)f_6(T^{n+p} x)f_7(T^{m+n+p} x)$$

converge in $L^2(\mu)$ as $N \rightarrow +\infty$.

Again, same result holds over intervals $[M, M']$, $[N, N']$, $[P, P']$, as $M' - M, N' - N, P' - P \rightarrow +\infty$.

More generally, this theorem holds for cubes of $2^k - 1$ functions.

General averages along cubes

For $\epsilon = \epsilon_1 \dots \epsilon_k \in \{0, 1\}^k$ and $\mathbf{n} = (n_1, \dots, n_k) \in \mathbb{Z}^k$,

$$\epsilon \cdot \mathbf{n} = \epsilon_1 n_1 + \epsilon_2 n_2 + \dots + \epsilon_k n_k$$

$\mathbf{0}$ denotes the element $00 \dots 0$ of $\{0, 1\}^k$.

Theorem. *Let (X, \mathcal{X}, μ, T) be an invertible measure preserving probability system, let $k \geq 1$ be an integer and let f_ϵ , $\epsilon \in \{0, 1\}^k \setminus \{\mathbf{0}\}$, be $2^k - 1$ bounded functions on X . Then the averages*

$$\frac{1}{N^k} \cdot \sum_{\mathbf{n} \in [0, N)^k} \prod_{\substack{\epsilon \in \{0, 1\}^k \\ \epsilon \neq \mathbf{0}}} f_\epsilon(T^{\epsilon \cdot \mathbf{n}} x)$$

converge in $L^2(\mu)$ as N tends to $+\infty$.

Same result for averages with $\mathbf{n} \in [M_1, N_1) \times \dots \times [M_k, N_k)$, as $N_1 - M_1, \dots, N_k - M_k \rightarrow +\infty$.

Lower bounds

Restricting to the indicator function of a measurable set:

Theorem. *Let (X, \mathcal{X}, μ, T) be an invertible measure preserving probability system and let $A \in \mathcal{X}$. Then the limit of the averages*

$$\prod_{i=1}^k \frac{1}{N_i - M_i} \cdot \sum_{\substack{n_1 \in [M_1, N_1) \\ \dots\dots\dots \\ n_k \in [M_k, N_k)}} \mu\left(\bigcap_{\epsilon \in \{0,1\}^k} T^{\epsilon \cdot \mathbf{n}} A\right)$$

exists and is greater than or equal to $\mu(A)^{2^k}$ when $N_1 - M_1, N_2 - M_2, \dots, N_k - M_k$ tend to $+\infty$.

Corollary. *For every $\delta > 0$ the subset*

$$\left\{ \mathbf{n} \in \mathbb{Z}^k : \mu\left(\bigcap_{\epsilon \in \{0,1\}^k} T^{\epsilon \cdot \mathbf{n}} A\right) > \mu(A)^{2^k} - \delta \right\}$$

of \mathbb{Z}^k is syndetic.

Characteristic factors for cubes

Theorem.

The factor $Z_{k-1}(X)$ is characteristic for the $L^2(\mu)$ convergence of the k -dimensional cubic averages.

This means:

This average converges to 0 in $L^2(\mu)$ if $\mathbb{E}(f_\epsilon | \mathcal{Z}_{k-1}(X)) = 0$ for some $\epsilon \in \{0, 1\}^k \setminus \mathbf{0}$.

Proof of L^2 convergence relies on first understanding convergence for numerical averages:

$$\frac{1}{N^k} \sum_{n_1, \dots, n_k=0}^{N-1} \int \prod_{\epsilon \in \{0, 1\}^k} f_\epsilon \circ T^{\epsilon \cdot n} d\mu .$$

Limit for integral of 2^k terms

We have reduced to the case that:

$X = G/\Lambda$ is a k -step nilmanifold where

G is k -step nilpotent Lie group;

Λ is discrete cocompact subgroup.

Recall definition of the measure $\mu^{[k]}$ on $X^{[k]} = X^{2^k}$. Defined inductively with

- $\mu^{[0]} := \mu$.
- $\mu^{[k+1]}$ is the relatively independent square of $\mu^{[k]}$ over $\mathcal{I}^{[k]}$, where $\mathcal{I}^{[k]}$ is the invariant σ -algebra of $(X^{[k]}, \mu^{[k]}, T^{[k]})$.

For this set up, the measure $\mu^{[k]}$ on $X^{[k]}$ has a simple description: it can be identified with the Haar measure on some submanifold of X^{2^k} .

Definition. Let $G_{k-1}^{[k]}$ be the subgroup of $G^{[k]}$ spanned by

$\{g_\alpha^{[k]} : g \in G \text{ and } \alpha \text{ is a } k-1 \text{ face of } \{0, 1\}^k\}$.

Called the side subgroup.

Define X_k to be the nilmanifold

$$X_k = G_{k-1}^{[k]} / (\Lambda^{[k]} \cap G_{k-1}^{[k]})$$

embedded in $X^{[k]}$ in the natural way.

Proposition. $\mu^{[k]}$ is the Haar measure of X_k .

The transformations $T_\alpha^{[k]}$, where α is a side of $\{0, 1\}^k$, span an ergodic action on $(X^{[k]}, \mu^{[k]})$. Thus this action on $X^{[k]}$ is uniquely ergodic.

Theorem. The averages

$$\frac{1}{N^k} \sum_{n_1, \dots, n_k=0}^{N-1} \int \prod_{\epsilon \in \{0, 1\}^k} f_\epsilon \circ T^{\epsilon \cdot \mathbf{n}} d\mu .$$

converge to

$$\int_{X^{2k}} \prod_{\epsilon \in \{0, 1\}^k} f_\epsilon(x_\epsilon) d\mu^{[k]}(\mathbf{x}) .$$

L^2 Convergence for cubic averages

Every $\mathbf{x} \in X^{[k]}$ is written $\mathbf{x} = (x_0, \tilde{\mathbf{x}})$ with $x_0 \in X$ and $\tilde{\mathbf{x}} \in X^{2^k-1}$. We partition X_k according to the coordinate $\mathbf{0}$. For $x \in X$,

$$M_x = \left\{ \tilde{\mathbf{x}} \in X^{2^k-1} : (x, \tilde{\mathbf{x}}) \in X_k \right\} .$$

For almost every $x \in X$, M_x is a nilmanifold uniquely ergodic for the action spanned by the transformations $T_\alpha^{[k]}$ where α is a side of $\{0, 1\}^k$ not containing $\mathbf{0}$. We write μ_x for its Haar measure

We deduce the L^2 convergence of the cubic averages with $2^k - 1$ terms to

$$\int_{X^{[k]}} \prod_{\epsilon \in \{0,1\}^k \setminus \{\mathbf{0}\}} f_\epsilon(x_\epsilon) d\mu_x^{[k]}(\mathbf{y}) .$$

We recall some notation

Let (X, μ, T) be an ergodic system.

$X^{[k]} := X^{2^k}$. Points of $X^{[k]}$ are written

$$\mathbf{x} = (x_\epsilon : \epsilon \in \{0, 1\}^k) .$$

$\mu^{[k]}$ is a measure on $X^{[k]}$, invariant under $T^{[k]}$.

$\mathcal{I}^{[k]}$ is the invariant σ -algebra of $(X^{[k]}, \mu^{[k]}, T^{[k]})$.

For $f \in L^\infty(\mu)$,

$$\|f\|_k^{2^k} := \int_{X^{[k]}} \prod_{\epsilon \in \{0,1\}^k} f(x_\epsilon) d\mu^{[k]}(\mathbf{x}) .$$

The factor Z_k of X is characterized by: for $f \in L^\infty(\mu)$,

$$\mathbb{E}(f \mid \mathcal{Z}_k) = 0 \iff \|f\|_{k+1} = 0 .$$

The factors Z_k form an increasing sequence:

$$Z_0 \leftarrow Z_1 \leftarrow Z_k \leftarrow Z_{k+1} \cdots \leftarrow X .$$

Z_0 is the trivial factor,

Z_1 is the Kronecker factor of X .

Definition.

X is a system of level k if $Z_k(X) = X$.

For every X , $Z_k(X)$ is a system of level k .
Thus we have to describe systems of level k .

X is of level 0 $\iff X$ is trivial.

Systems of level 1 are ergodic rotations.

We shall see later that systems of level 2 are
Conze-Lesigne algebras.

Theorem. *A system of level k is an inverse
limit of k -steps nilsystems.*

How to find the group?**Idea:**

We consider the group of transformations of
 X preserving the 'cubic structure'.

Notation.

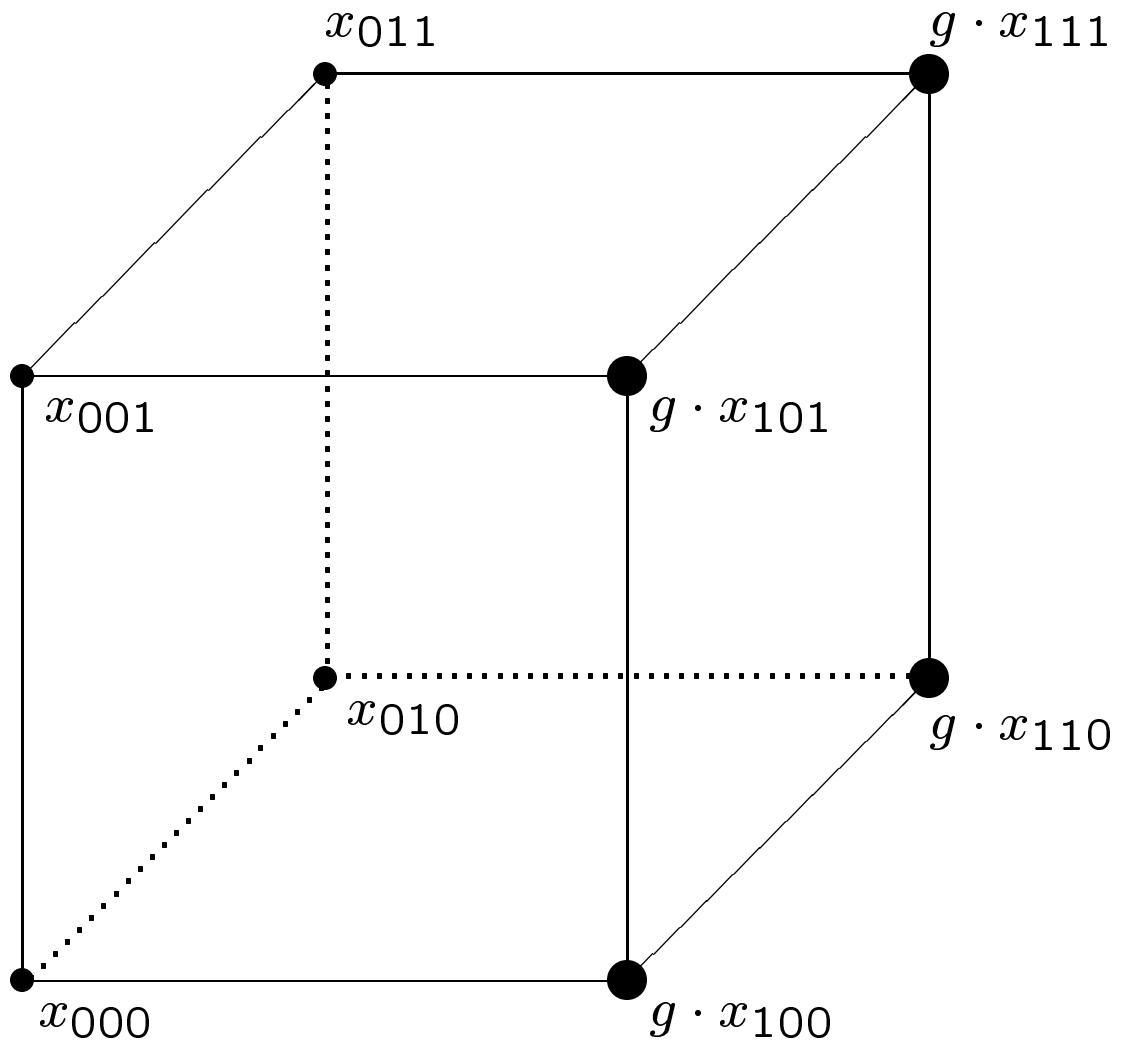
When $x \mapsto g \cdot x$ is a transformation of X and $\alpha \subset \{0, 1\}^k$, we write $g_\alpha^{[k]} : X^{[k]} \rightarrow X^{[k]}$ for the transformation defined by

$$(g_\alpha^{[k]} \cdot \mathbf{x})_\epsilon = \begin{cases} g \cdot x_\epsilon & \text{if } \epsilon \in \alpha, \\ x_\epsilon & \text{else.} \end{cases}$$

We use this notation for ‘sides’, ‘vertices’, . . . of $\{0, 1\}^k$.

We know that for every k and every side α of $\{0, 1\}^k$ the measure $\mu^{[k]}$ is invariant under $T_\alpha^{[k]}$.

The transformation $g_{\alpha}^{[3]} \mathbf{x}$
for $\alpha = \{100, 101, 110, 111\}$



We recall that $\mathcal{I}^{[k]}$ is the invariant σ -algebra of $(X^{[k]}, \mu^{[k]}, T^{[k]})$.

Lemma. *For a measure preserving transformation $x \mapsto g \cdot x$ of X , TFAE:*

1. *For any k and any side α of $\{0, 1\}^k$, the transformation $g_\alpha^{[k]}$ of $X^{[k]}$ leaves the measure $\mu^{[k]}$ invariant.*
2. *Same as 1. plus: and $g_\alpha^{[k]}$ maps the σ -algebra $\mathcal{I}^{[k]}$ to itself.*
3. *For every k , the transformation $g^{[k]}$ of $X^{[k]}$ leaves the measure $\mu^{[k]}$ invariant and acts trivially on the σ -algebra $\mathcal{I}^{[k]}$.*

Remark. By symmetry, we can substitute ‘some side’ for ‘any side’ in 1. and 2.

Definition. $\mathcal{G} = \mathcal{G}(X)$ is the group of measure preserving transformations of X with these properties.

Properties.

- \mathcal{G} is a Polish group.
- $T \in \mathcal{G}$
- If $TS = ST$ then $S \in \mathcal{G}$.
- If X is a compact abelian group and T an ergodic rotation, then $\mathcal{G} = X$ acting on itself by translations.
- If $g \in \mathcal{G}$ then for every k , it leaves \mathcal{Z}_k invariant.
- If $X \rightarrow Y$ is a factor map and $g \in \mathcal{G}(X)$ leaves \mathcal{Y} invariant, then the transformation induced on Y belongs to $\mathcal{G}(Y)$.

The inverse problem: Can a given $h \in \mathcal{G}(Y)$ be lifted to an element of $\mathcal{G}(X)$?

Commutators

We recall that $[g, h] := g^{-1}h^{-1}gh$.

Remark. For $g, h : X \rightarrow X$ and $\alpha, \beta \in \{0, 1\}^k$,

$$\left[g_{\alpha}^{[k]}, h_{\beta}^{[k]} \right] = [g, h]_{\alpha \cap \beta}^{[k]} .$$

We recall that $\mathcal{G}^{(1)} = \mathcal{G}$ and $\mathcal{G}^{(i+1)} = [\mathcal{G}^{(i)}, G]$.

Lemma. Let $g \in \mathcal{G}^{(j)}$ and α a face of dimension $k - j$ of $\{0, 1\}^k$.

Then the measure $\mu^{[k]}$ is invariant under $g_{\alpha}^{[k]}$. Moreover this transformation maps the σ -algebra $\mathcal{I}^{[k]}$ to itself.

Proposition. If X is a system of level k then \mathcal{G} is a k -step nilpotent group.

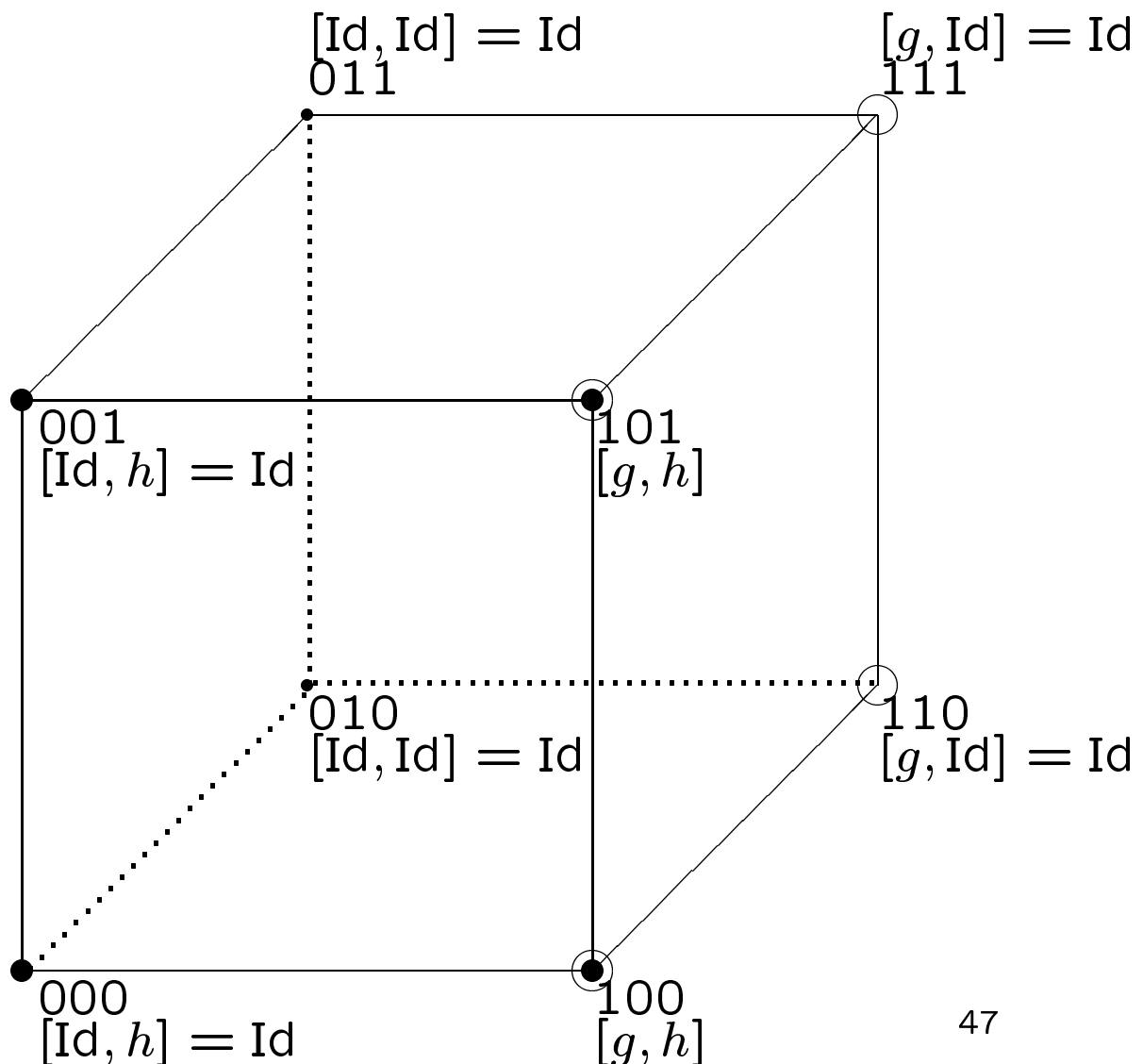
Proof of the remark.

$$\alpha = \{100, 101, 110, 111\}$$

$$\beta = \{000, 100, 001, 101\}$$

$$\gamma = \{100, 101\} = \alpha \cap \beta .$$

We check that $[g_\alpha^{[3]}, h_\beta^{[3]}] = [g, h]_\gamma^{[3]}$



Notation.

Let U be a group and $\rho : Y \rightarrow U$ a map.
Define $\Delta^k \rho : Y^{[k]} \rightarrow U$ by

$$\Delta^k \rho(\mathbf{y}) = \prod_{\epsilon \in \{0,1\}^k} \rho(y_\epsilon)^{(-1)^{|\epsilon|}},$$

where $|\epsilon| = \epsilon_1 + \cdots + \epsilon_k$.

Examples: $\Delta \rho(\mathbf{y}) = \rho(y_0) \cdot \rho(y_1)^{-1}$.

$$\Delta^2(\rho)(\mathbf{y}) = \rho(y_{00})\rho(y_{01})^{-1}\rho(y_{10})^{-1}\rho(y_{11})$$

With additive notation, $\Delta \rho(\mathbf{y}) = \rho(y_0) - \rho(y_1)$.

Definition. Let (Y, ν, S) be an ergodic system, U a group, and $\rho : Y \rightarrow U$ a map.

We say that ρ is a cocycle of type k if $\Delta^k \rho : Y^{[k]} \rightarrow U$ is a coboundary of $(Y^{[k]}, \nu^{[k]}, S^{[k]})$.

This means that there exists $F : Y^{[k]} \rightarrow U$ with

$$\Delta^k \rho(\mathbf{y}) = F(S^{[k]}\mathbf{y}) \cdot F(\mathbf{y})^{-1} \quad (\nu^{[k]}\text{-a.e.})$$

A cocycle of type 0 is a coboundary ($\rho = f \circ T \cdot f^{-1}$ for some f).

A cocycle of type 1 with values in \mathcal{S}^1 is a quasi-coboundary (the product of a constant and a coboundary)

Relations between consecutive factors

Proposition. *Let X be a system of level k .*

We write (Y, ν, S) for the factor Z_{k-1} .

Then X is an extension of Y by a compact abelian group U :

$$X = Y \times U ; T(y, u) = (Sy, \rho(y)u) .$$

This extension is given by a cocycle $\rho : Y \rightarrow U$ of type k .

Steps of the proof.

1) X is an isometric extension of Y .

We can write $X = Y \times G/H$, where G is a compact group and H a compact subgroup. There is an obvious action of G on X .

2) For $g \in G$ and α an edge of $\{0, 1\}^k$, $g_\alpha^{[k]}$ acts trivially on $\mathcal{I}^{[k]}$.

3) For $g \in G$, the associated transformation of X belongs to the center of $\mathcal{G}(X)$.
In particular G is abelian.

4) For $\chi \in \hat{U}$, we define $f(y, u) = \chi(u)$ and

$$F(\mathbf{x}) = \prod_{\epsilon \in \{0,1\}^k} f(x_\epsilon)^{(-1)^{|\epsilon|}}.$$

We have $\|f\|_{k+1} \neq 0$, thus $\mathbb{E}(F | \mathcal{I}^{[k]}) \neq 0$.

Cocycles of type 2 and the Conze-Lesigne Equation

Proposition.

Let (Z, m, T) be an ergodic rotation and let $\rho : Z \rightarrow \mathbb{T}^d$ be a cocycle of type 2.

Then for every $s \in Z$ there exists $f : Z \rightarrow \mathbb{T}^d$ and $c \in \mathbb{T}^d$ with

$$\rho(sz) - \rho(z) = f(Tz) - f(z) + c . \quad (\text{CL})$$

The transformations of $Z \times \mathbb{T}^d$ of the form

$$(z, u) \mapsto (sz, u + f(z))$$

where s, f, c satisfy (CL) form a group \mathcal{G}_ρ .

- \mathcal{G}_ρ is 2-step nilpotent and locally compact.
- The action of \mathcal{G}_ρ on $Z \times \mathbb{T}^d$ is transitive, ergodic and $Z \times \mathbb{T}^d = \mathcal{G}_\rho / \mathbb{Z}^d$
- \mathcal{G}_ρ is a Lie group if Z is a Lie group.

Lemma. *There exist a Lie quotient Z' of Z and a cocycle ρ' cohomologous to ρ and measurable wrt \mathcal{Z}' .*

The countability Lemma. *Up to the addition of quasi-coboundaries there exist only countably many cocycles of type 2 on Z .*

Systems of level 2

Let X be a system of level 2.

X is an extension of $Z = Z_1(X)$ by a compact abelian group U , given by a cocycle $\rho : Z \rightarrow U$ of type 2.

If U is a torus, then the groups $\mathcal{G}(X)$ and \mathcal{G}_ρ are actually the same and thus $\mathcal{G}(X)$ acts transitively on X .

Lemma. *If Z is a Lie group and U is a torus, then X is a 2-step nilsystem.*

Lemma. *U is connected.*

Thus U is an inverse limit of tori.

Proposition. *Every system of level 2 is an inverse limit of 2-step nilsystems.*

We go back to the general case
and we summarize.

$$Z_1 \leftarrow Z_2 \leftarrow \cdots \leftarrow Z_{k-1} \leftarrow Z_k \leftarrow \cdots \leftarrow X .$$

- Z_1 is the Kronecker factor of X .
- Z_k is an extension of Z_{k-1} by a compact abelian group U_k .
- This extension is given by a cocycle $\rho_k : Z_{k-1} \rightarrow U_k$ of type k .

This means that there exists $F_k : Z_{k-1}^{[k]} \rightarrow U_k$ with

$$\Delta^k \rho_k = F_k \circ T^{[k]} \cdot F_k^{-1} \quad (\mu^{[k]}\text{-a.e.})$$

- U_2 is connected.
- Z_2 is an inverse limit of a sequence of 2-step nilsystems.
- When Z is an ergodic rotation there exist (up to quasi-coboundaries) only countably many cocycles $Z \rightarrow \mathbb{T}^d$ of type 2.

We generalize the last three properties for higher levels.

The proof by induction uses a lot of technology of cocycles plus a step ladder.

The step ladder

Let (X, μ, T) be a system of level k .

We recall the definition of the measure μ_s for $s \in Z$:

For $f_0, f_1 \in L^\infty(\mu)$,

$$\begin{aligned} & \int_{X \times X} f_0(x_0) f_1(x_1) d\mu_s(x_0, x_1) \\ & := \int_Z \mathbb{E}(f_0 \mid \mathcal{Z})(sz) \mathbb{E}(f_1 \mid \mathcal{Z})(z) dm(z) . \end{aligned}$$

The ergodic decomposition of $\mu \times \mu$ for $T \times T$ is

$$\mu \times \mu = \int_Z \mu_s dm(s) .$$

We write (Y, ν, S) for $Z_{k-1}(X)$.

X and Y have the same Kronecker factor Z .

We define the measures ν_s , $s \in Z$, in a similar way.

For almost every $s \in Z$ we write

$$X_s = (X \times X, \mu_s, T \times T) ; Y_s = (Y \times Y, \nu_s, S \times S)$$

and we study the relations between these systems.

We recall that X is an extension of Y by a compact abelian group U_k , given by a cocycle $\rho_k : Y \rightarrow U$ of type k .

Proposition (The step ladder).

- X_s is a system of level k
- Y_s is a system of level $k - 1$.
- X_s is an extension of Y_s by $U_k \times U_k$, given by the cocycle $(y_0, y_1) \mapsto (\rho_k(y_0), \rho_k(y_1))$ of type k .
- $Z_{k-1}(X_s)$ is an extension of Y_s by U_k , given by the cocycle $(y_0, y_1) \mapsto \rho_k(y_0)\rho_k(y_1)^{-1}$ of type $k - 1$.

$$Z_{k-2}(X_s) \xleftarrow{U_{k-1}} Y_s \xleftarrow{U_k} Z_{k-1}(X_s) \xleftarrow{U_k} X_s$$

$$Z_1 \leftarrow Z_2 \leftarrow \cdots \leftarrow Z_{k-1} \leftarrow Z_k \leftarrow \cdots \leftarrow X .$$

Z_i is an extension of Z_{i-1} by U_i .

Lemma. *For each i , the compact abelian group U_i is connected.*

Definition. *A system X of level k is toral if the compact abelian group Z_1 is a Lie group (i.e. admits a torus as an open subgroup) and each Z_i is a torus.*

Proposition. *Every system of level k is an inverse limit of toral systems of level k .*

The countability Lemma can be extended only in a weaker form.

Lemma. *Let X be an ergodic system, (Ω, \mathcal{B}, P) a standard probability space, and $\omega \mapsto \rho_\omega$ a measurable map with values in the set of cocycles $X \rightarrow \mathbb{T}^d$ of type k .*

Then there exists $\Omega_0 \in \mathcal{B}$, $P(\Omega_0) > 0$, such that ρ_ω is constant on Ω_0 (up to quasi-coboundaries).

Theorem.

Every toral system of level k is a nilsystem.

By induction. Assume it holds for $k - 1$.

Let X be a toral system of level k .

We write (Y, ν, S) for $Z_{k-1}(X)$.

$Y = \mathcal{G}/\Gamma$, with $\mathcal{G} = \mathcal{G}(Y)$.

For $j = k, k - 1, \dots, 2, 1$ we show that every element of $\mathcal{G}^{(j)}(Y)$ can be lifted as an element of $\mathcal{G}(X)$. The lift is built by solving a family of functional equations.

Recall that X is an extension of $Y = Z_{k-1}(X)$ by a torus \mathbb{T}^d . This extension is given by a cocycle $\rho : Y \rightarrow \mathbb{T}^d$ of type k .

There exists $F : Y^{[k]} \rightarrow \mathbb{T}^d$ with

$$\Delta^k \rho = F \circ T^{[k]} - F \quad (*)$$

$\mu^{[k]}$ -a.e.

The functional equations

For $\ell \leq k$, every face α of dimension ℓ of $\{0, 1\}^k$ defines a projection $\pi_\alpha^{[k]} : X^{[k]} \rightarrow X^{[\ell]}$.

Lemma. *For $j \leq k$ and $g \in \mathcal{G}^{(j)}(Y)$ there exists $\phi_g : Y \rightarrow \mathbb{T}^d$ such that, for every face α of dimension $k + 1 - j$ of $\{0, 1\}^k$,*

$$F \circ g_\alpha^{[k]} - g = \Delta^{k+1-j} \phi_g \circ \pi_\alpha^{[k]} . \quad (**)$$

$\mu^{[k]}$ -a.e.

The proof of this Lemma uses all the machinery. . .

Let ϕ_g be given by the Lemma.

The transformation $(y, u) \mapsto (g \cdot y, u + \phi_g(y))$ of $X = Y \times \mathbb{T}^d$ is a lift of g in $\mathcal{G}(X)$.

We deduce that $\mathcal{G}(X)$ acts transitively on X . It is easy to check that $\mathcal{G}(X)$ is a Lie group. The theorem follows.

Idea of the proof of the Lemma. Assume it holds for $j + 1$. For $g \in \mathcal{G}^{(j)}$ we define

$$\theta_g = \phi_{[g^{-1}, T^{-1}]} \circ Tg + \rho \circ g - \rho .$$

Let β be a face of dimension $k - j$ of $\{0, 1\}^k$. From (*) and (***) we get

$$(F \circ g_\beta^{[k]} - F) \circ T^{[k]} - (F \circ g_\beta^{[k]} - F) = \Delta^{k-j} \theta_g \circ \pi_\beta^{[k]} .$$

It follows that θ_g is a cocycle of type $k - j$.

By the countability Lemma there exists $A \subset G$, of positive measure, such that $\theta_g - \theta_h$ is a quasi-coboundary for $g, h \in A$:

For $g, h \in A$ there exist $\theta : Y \rightarrow \mathbb{T}^d$ and $c \in \mathbb{T}^d$ with $\theta_g - \theta_h = \theta \circ T - \theta + c$.

By (***) the map

$$F \circ (gh^{-1})_\beta^{[k]} - F - \Delta^{k-j} (\theta \circ h^{-1}) \circ \pi_\beta^{[k]} .$$

is invariant under $T^{[k]}$.

It follows that the relation (***) is satisfied with gh^{-1} and $\theta \circ h^{-1}$.

The announced result holds for g in an open subset of $\mathcal{G}^{(j)}$. □